



STAY FIT WITH THE



# SUMMER WELLNESS CHALLENGE

Try new activities, foods, and exercises to keep your summer healthy, fun, and fresh!

**Parents can initial on the blue line when their child completes the daily activity. Students who complete 25 activities each month will win 2 Rays baseball tickets!**

Completed calendars can either be sent directly to the PCS office (Pinellas County Schools c/o Ashley Grimes, 301 4th St SW, Largo, FL 33770) or given to the student's PE teacher by August 15th.

