



# **HEALTHY ST. PETE COMMUNITY FITNESS CHALLENGE**

**I commit to a healthier me!**

**From January 1, 2017 - March 31, 2017, I commit to taking the Healthy St. Pete Fitness Challenge. I will work to make healthy nutritional choices and incorporate physical activity into my daily routine.**

**PLEASE PRINT**

NAME \_\_\_\_\_

PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

**YOUR FITNESS CATEGORY**

Time Restricted

Age Defying Fitness

Weight Loss Warriors

Fitness Enthusiasts

Be Fit Mom

Submit your commitment card by email to [healthy@stpete.org](mailto:healthy@stpete.org), in person at any City of St. Petersburg recreation center, or Leisure Services Administration building, 1400 19th Street North, St. Petersburg, FL 33713